



4th Quarter Newsletter

The Little Chapter in the Valley

Nearly fifteen years ago an ER nurse nonchalantly "wished" there was an Emergency Nurses Association (ENA) chapter in the Rio Grande Valley. It was evident the area wanted a chapter but none really knew how to go about initiating one. At first we fumbled a little but our journey began in earnest with a call to Texas ENA. Through networking our chapter was slowly being created despite the trepidation and skepticism about "the Valley" being able to sustain its own chapter.

It was during our first official Rio Grande Valley chapter meeting where a local ED nurse (Emma Gonzalez) suggested our unique name, and the Rio Bravo Chachalacas was born.

During the first few years there was quite a bit of cynicism about the ability and longevity of the little chapter in the Valley, but we wanted to prove our resilience and endurance. Not only did the chapter simply exist, we flourished. For many years we were one of the fastest growing chapters in Texas. Since our inception, our chapter has consistently sent delegates to the National Assembly. Last year we had six delegates attend and have sent as many as nine in the past. We provide

educational assistance and scholarships to local nurses. One of our proudest accomplishments is the fact that we have consistently had the highest voting percentage in the state of Texas and in the nation in the National ENA elections. Additionally, since the inception of the chapter, we have continuously had Chachalaca recipients named as Texas State award winners. This year Mike Dillman and Christine Chizek are our Texas State award recipients. Not bad for a tiny chapter on the border.

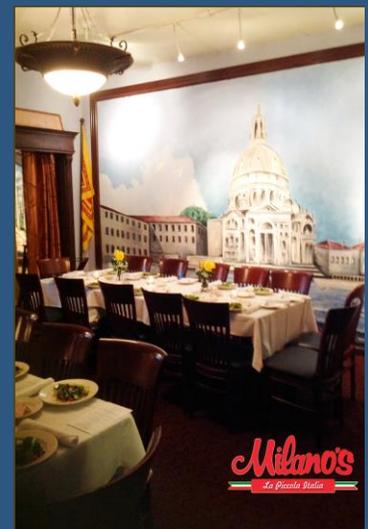


We have certainly come a long way since that wish years ago. Many people had their doubts about our chapter's survivability; but we believed in a dream and have had an amazing journey along the way. We decided we were going to have a chapter and decided we wanted to do it well. Here we are 14 years later, from a simple wish... what a ride it's been!

December Chapter meeting will be held

- On Tuesday, Dec. 15th at 6pm
- At Milano's Restaurant
- Address: 2900 W. Pike Blvd, Weslaco, TX
- Phone: (956)968-3677
- RSVP to Marcia Fuller at (956)389-5006

Join us for holiday fun and social networking with fellow nurses across the valley.





Mike Dillman
ED Nurse Manager of the Year

ED Nurse Manager of the Year

Mike Dillman consistently demonstrates excellence in his performance and exemplifies the role of a nurse manager. He works collaboratively within the hospital as illustrated by his performance improvement activities that requires collaboration with multiple departments and stakeholders. It is also characterized by his participation on various hospital subcommittees and hospital wide performance improvement initiatives. During periods of high census he does not hesitate to return to the bedside when necessary and is an empathetic, compassionate care giver and helped to attain his community's reader's choice award for best hospital. He is committed to highest quality of care and patient satisfaction and the ED Maintains high customer service scores.



ENA Educator of the Year

Christine Chizek's passion for learning, mentoring and teaching began in her early years of nursing and has continued throughout her career. She is committed in collaborating with colleagues in nursing as well as with emergency medical services (EMS), students and other healthcare professionals to ensure high-quality care and accessibility to training in the community. Christine is actively involved in training and mentoring in a variety of capacities. Her belief of and enthusiasm for education is demonstrated in her commitment to enhancing community education opportunities, specifically with ACLS, PALS, and BLS. Besides fulfilling a director role, Christine is also an instructor for TNCC, ENPC and CEN courses provided by the chapter.



Christine Chizek, RN
ENA Educator of the Year

Nominated for Texas ENA President Elect

Marcia Fuller was nominated for Texas ENA state board president elect for 2016 and will serve as state president in 2017. Currently, she serves as director on the ENA state board.

Marcia has been an ENA member since 1992 and was one of the founders of the Rio Bravo Chachalaca's. Over the years she has provided service and leadership to the Chachalaca's chapter and the state.

Marcia is a valued instructor and course coordinator for both TNCC and ENPC for our chapter and is a member of the state faculty. She has also instructed and coordinated numerous CEN review courses.

ENA is fortunate to have Marcia with her passion and dedication to emergency nursing!



Marcia Fuller
Texas ENA President Elect

TNCC Course Dates

Date: January 23-24, 2015

Location: Mission Regional Medical Center

Address: 900 S. Bryan Rd.
Mission, TX 78572

Date: February 20-21, 2015

Location: VBMC Boggus Education Pavilion

Address: 2110 Benwood Dr.
Harlingen, TX 78550

Contact Chris Chizek at 956-778-9110 or email flipchiz@gmail.com for more information and space availability in the course.

Injury Prevention

Mission Regional Medical Center's Halloween Safety Fair was held on October 29th. Emergency room nursing staff and chapter members participated in this family oriented event with music, candy, games and prizes. In addition finger print identification was made available to the first 1000 children by Mission Police Department. Fire Department, HOSA and other groups from La Joya, Sharyland, and Mission school districts participated in the safety fair. Over 3,500 people attended the event.



Twass the Night Before Christmas in the ED

Twass the night before Christmas, the ED was quiet,
Not a creature was stirring, there wasn't even a riot.
The patients slept soundly, so snug in their cots,
With some having dreams of free vodka shots.

When out rang a noise, the silence was broke.
A priority one is incoming it spoke.
The voice on the phone was all cracked and manic,
Our poor EMS seemed to be in a panic

The report filtered in and I soon became hot,
As responders reported that Santa's been shot.
They rushed in Saint Nick still smiling his greeting:
"Oh no! Ho-ho-ho I am certainly bleeding!"

"Santa!" I cried in the foulest of moods,
"Who did this?" I asked. He whispered "two dudes."
I stifled emotions; good Santa just hissed—
"They both made the top of my naughty list."

We stripped him and flipped him to find bullet holes.
Our tasks were quite clear, accomplish our goals.
I acted quite quickly and did ABC's,
Looking him over from red hat to knees.

A hole in the leg and the belly and chest,
Such violence to Santa was hard to digest!
His cap had been shot, the slug count to four,
Its white fluffy ball fell off to the floor.

I did a quick rectal and to my surprise,
Amazing the sight I beheld with my eyes,
I pulled out my finger and felt at a loss,
For it now was covered with rich chocolate sauce.

We threw in a chest tube and I went insane,
The tube changed right there into sweet candy cane!
The nurses inserted the Foley agog,
And from his new catheter poured some eggnog.

We worked fifty minutes our pulses were dashing,
Just trying to keep the man's vitals from crashing.
We poured in the saline, but nothing would last,
As candy poured from his holes just as fast.

His pressure came down; his heart rate did too,
And then it occurred to me just what to do.
"This man is of magic and candy and dreams,
Perhaps we should try some ulterior means."

I opened D50, the strongest we had,
And to that container we started to add:
Our dreams and our hopes, strong coffee as well,
More sugar, some glitter and the sound of a bell.

We poured our concoction right into his heart.
And all we could hope was that magic would start.
At first there was nothing, and then just a blip,
He stirred, then he fluttered and then he did grip.

He yanked out the cane that I'd thrust in his side,
He crunched off a bite and he took it in stride.
The chest hole now healed, the abdomen too,
He yanked out his Foley and winked at our crew.

Now off from the bed, he sprung like a lemur,
Despite on the X-ray he'd broken his femur.
That magical elf had healed himself true,
He ran out the door saying "Got work to do,"

Then quickly I woke, from my dark working desk,
I'd fallen asleep, quite lacking in rest.
"It all was a dream," I said, wiping my eyes,
But something seemed odd, and to my surprise,

I saw something white that fell to my lap
The perfect round puff-ball from kind Santa's hat.
I ran outside hearing, as he flew out of sight,
"Merry Christmas to all, and to all a safe night!"

By Dr. Slicy

Message from the Editor:

Wishing you the gifts of peace and happiness this Christmas and throughout the New Year!

Don't forget to visit our website
www.riobravochachalacas.com and follows us on Facebook.



Aurora Magaly Rocha BSN, RN
ENA RBC Chapter 438 Director
Media Chair
Newsletter Editor

